

Oil table



BIO PLANÈTE

Huilerie Moog fondée en 1984

BIO PLANÈTE OIL						Characteristic features and gourmet tips
gourmet Oils for Creative and Gourmet Cuisine.	Apricot Kernel Oil	👉	👉	👉	👉	FAIR FOR LIFE. The delicate marzipan note refines salads, sauces & desserts.
	Argan Oil	👉	👉*	👉	👉	Made in Berber style. Ideal for seasoning oriental dishes.
	Avocado Oil	👉	👉		👉	FAIR FOR LIFE. Ideal for salads and for stewing meat and steaming vegetables.
	Safflower Oil	👉	👉		✗	Rich in Vitamin E & mild in taste. Refines dips, dressings, red beans & pumpkin.
	Peanut Oil	👉	👉*	👉	👉👉	FAIRTRADE. The virgin oil for frying gives an Asian note.
	Hazelnut Oil	👉		👉	👉	Gently roasted: The oil gives desserts a wonderful nougat note.
	Coconut Oil, Virgin	👉	👉	👉	👉👉	Also in FAIRTRADE. An oil for kitchen & cosmetics - virgin, raw food & highly heatable.
	Pumpkin Seed Oil	👉	👉*		👉	Pressed in "Styrian style". Refines salads, vegetables & desserts.
	Olive Oil, Regional	👉	👉	👉	👉👉	Extraordinary by their origin.
	Almond Oil	👉	👉*	👉	👉	Made from sweet, roasted almonds: Gives pastries & desserts a delicious almond note.
	Poppy-Seed Oil	👉	👉	👉	✗	A rarity from the poppy seeds of our origin. Sweet-nutty in taste.
	O'citron, O'range	👉	👉	👉	👉	Olive oil specialties without essential essences refine salads, vegetables and fish.
	Balsamic & Olive	👉	👉		✗	Ready-to-use vinaigrette for seasoning salads and vegetables.
	Olive Oil & Truffle		👉	👉	👉	With real truffle. A few drops refine risotto, pasta & carpaccio.
	Mustard Oil	👉	👉		👉	A rarity from our origin: fine-aromatic and mildly spicy in taste.
★	Sesame Oil	👉	👉*		👉	Deliciously exotic note. Refines wok and cabbage dishes.
	Walnut Oil	👉	👉*	👉	✗	Omega-3-rich. Typical French & fine nutty. Refines spinach, salads & desserts.
	Wok Oil	👉			👉👉	Asian magic with roasted peanut oil and fine chilli note.
	Condiment Oils	👉	👉	👉	👉	Olive oils without essential essences: With chilli, basil or garlic.

* In contrast to the virgin oil, the toasted variant is not suitable for a raw diet.

✗ not heatable 👉 steaming and cooking 👉👉 frying 👉👉👉 deep-frying

Passion for Fine Organic Oils





www.bioplanete.com

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	BIO PLANÈTE OIL					Characteristic features and gourmet tips
classic Oils for Everyday Cooking.	Cooking & Frying Oil	👉		👉	🔥🔥🔥	Ideal for baking, roasting and frying. Neutral in taste.
	Cooking & Frying Oil with Ghee			👉	🔥🔥	Vegetable oil with a fine butter taste for frying fish, pasta and vegetables.
	Cooking & Frying Olive Oil	👉		👉	🔥🔥	Ideal for baking and roasting with a fine olive note.
	Coconut Oil Neutral, Deodorized	👉		👉	🔥🔥🔥	Gently steamed for cosmetics & cooking: Very digestible and neutral in smell & taste.
	Olive Oil, Extra Virgin	👉	👉	👉	🔥🔥	Extra virgin olive oils in three taste intensities for the daily kitchen.
	Rapeseed Oil	👉	👉		🔥	Its balanced fatty acid pattern is ideal for nutrition. Slightly nutty in taste.
	Salad Oil	👉	👉		✗	Nutritionally balanced oil. Ideal for daily cold cuisine.
	Sunflower Oil	👉	👉		✗	Mildly nutty in taste. Fits tuna, egg, salads, beetroot and corn.
	Hempseed Oil	👉	👉		✗	Smells like fresh herbs. Refines asparagus, salads and vegetable dishes.
	Camelina Oil	👉	👉		✗	Nutritional alternative to flaxseed oil. Light & grassy in taste.
+ vitality Oils For Well Being.	Flaxseed Oil	👉	👉		✗	Mild through 3D filtration. Nutty taste. Goes well with curd, potatoes & fish.
	Milk Thistle Oil	👉	👉		✗	Contains the active ingredient silymarin.
	Omega Blue	👉			✗	The flaxseed oil mixture for mind & gaze. Rich in DHA and vitamin E.
	Omega Green	👉			✗	The flaxseed oil mixture supports vitality. Rich in Omega-3 and secondary plant substances.
	Omega Red	👉			✗	The flaxseed oil mixture with Omega 3, DHA, mango and strawberry. Delicious in muesli & yoghurt.
	Omega Orange				✗	The flaxseed oil mixture brings momentum for the day. With a fruity, fresh orange note.
	Omega Pink	👉			✗	The flaxseed oil mixture for women's power. Raspberry, cinnamon & pepper refine the taste.
	Black Cumin Oil	👉	👉		✗	Contains essential oils. Also used in aroma therapy and pet feeding.

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